

Profile of Umesh Narsappa Bhine

Umesh Narsappa Bhine dedicated and passionate physical education teacher with 8 years of experience fostering physical development, teamwork and healthy lifestyles among students. Skilled in designing engaging lesson plans promoting physical fitness, and encouraging lifelong wellness habits. contributed to Marthoma VidyaPeeth Mission to inspire and educate students through athletics and physical education.

Education

Master Degree in Physical Education from Mumbai University

2016-18 with Grade A.

Bachelor of Physical Education from B.P.C. A'S College Wadala

2014-2015 with Grade A

Graduated from G.N. Khalsa College Matunga 2014 with Grade A.

Certifications

Passed In P.E Upgrade Course From IISM

Passed In Nutrition Course

Passed In First Aid Course

Passed Official Examination Kho Kho

Passed Official Examination Kabaddi

Passed Official Examination Langadi

Passed Official Examination Volleyball

Passed Official Examination Hockey India

Passed Health and Fitness Course

Officiated Mini Olympic For Handicap Children On Pdp Ground .

Mscit Basics Of Computer From Ambernath

Umesh has also served kendra Vidyalaya ambernath west shift 1 cbse school for 2 years

Fr. Agnel multipurpose school for 1 year.

Poddar brio international school at badlapur for 2 year

Marthoma vidya peeth school for 3 years

KEY SKILLS

- Strong knowledge of physical education principles, sports coaching, and fitness training
- Classroom management and motivational techniques for all age groups
- Ability to design and adapt lesson plans to suit diverse student needs
- Team building, leadership, and interpersonal skills
- Proficient in using technology to enhance lessons (e.g., fitness tracking apps, online lesson planning)
- Excellent communication and organizational skills

Professional Development

- Attended the seminar cum workshop on : Innovative Coaching And Training In Physical Education & Sports
- University Of Mumbai Department Of Physical Education Mumbai Paper Presentation “ Status Of Physical Fitness Variables Of Kendra Vidyalaya Sangathan Children.

Awards and Achievements

- 1.Open National In Punjab Played From Mumbai
2. National Umpire In Hockey India
- 3.Done Umpiring In Sub Junior, Junior, Senior National Tournament.
- 4.Twice All India Inter University From Mumbai
- 5.2nd Place In Inter College Played Hockey From G.N Khalsa College
6. 3rd Places In State Played From Thane District Hockey Association.